



Your No-Cost Preventive Services

Let's talk prevention

Preventive services help you stay healthy. You see a doctor when you're sick, but doctors do so much more. They provide services that help prevent medical problems. These preventive services help you stay healthier. Staying healthy helps you:

- Live a fuller life
- Save on health care costs

Your health plan through the State Group Insurance Program offers certain preventive service benefits at no cost to you. This means you don't have to pay a cost share if you haven't met your deductible. These no-cost benefits are part of the Affordable Care Act. They include:

- Medications and supplements to prevent certain health conditions for adults, women and children.
- Medications and some over-the-counter and prescription products for quitting smoking or chewing tobacco.
- Medications used prior to screenings for certain health conditions in adults.
- Vaccines and immunizations to prevent certain illnesses in infants, children and adults.

View your **No-Cost Preventive Services List** to see the medications covered under your plan. Take this list with you to a checkup or yearly exam, and please note that some products have certain age limits

- **Your doctor must write a prescription for the preventive services covered by your plan. This includes products listed as over the counter.**



- The dosage form is how the product is supplied. For example:
 - tablet
 - capsule
 - liquid
 - syrup
 - chewable tablet
- Generic or brand name is listed if only that product is covered