

## Aetna NYC High Plan

Type of Medication	CVS Caremark Retail Pharmacy Network (30-Day Supply)	CVS Caremark Mail Service or CVS Caremark Network (90-Day Supply)
Generic	\$5	\$10
Preferred Brand-Name (Formulary Drugs)	\$25	\$50
Non-Preferred Brand-Name (Non-Formulary Drugs)	\$45	\$90
<b>Maintenance Medications</b>	You can utilize the CVS mail service for your long-term medications (up to a 90-day supply) or one of the 67,000 pharmacies within the CVS Caremark network.	

## Frequently Asked Questions

### Generic Drugs

#### What are generic drugs?

**Generic drugs** are medications that work the same way as brand name drugs but cost less. There are two types of generic drugs: **generic equivalents** and **generic alternatives**.

#### What is a generic equivalent?

A **generic equivalent** is a generic medication that has the same active ingredients, in the very same strength, as the brand name drug. For example, atorvastatin is a direct generic equivalent of Lipitor.

#### What is a generic alternative?

A **generic alternative** is a medication that works in the same way as a brand name drug to treat your condition. For example, atorvastatin is a generic alternative to Crestor.

#### Why do generic drugs look different than the brand?

In the United States, **trademark laws** do not allow generic medicines to look exactly like their brand-name counterparts. Therefore, you can expect a generic medicine to be a different color or a different shape than its brand-name drug. However, the way it looks has no effect on how the medicine works.

### Maintenance Medications

#### What is a maintenance medication?

A **maintenance medication** is any medication taken on a regular basis for an extended period of time (generally three months or more) such as, medications for managing high blood pressure, asthma, diabetes or high cholesterol. Contraceptives are also considered maintenance medications.

**Why should I use CVS/pharmacy or CVS Caremark mail service to fill my prescriptions?**

CVS/pharmacy and CVS Caremark Mail Service Pharmacy offer high quality service and the best cost savings for 90-day supplies of your long-term medications.

**How do I change my current prescription to a 90-day prescription?**

If you would like to use CVS Caremark Mail Service and have your medications delivered to your home, call toll-free at 1-888-698-0582 or 1-888-769-9030 to get started.

**If I use CVS Caremark mail service, how long will it take for my prescription to arrive?**

You can expect to receive your prescription within seven to 10 business days from the time your order is placed.

**How do I check the status of my mail service order?**

You can check the status of your mail service order at [www.caremark.com](http://www.caremark.com) or by calling Customer Care toll-free at 1-888-698-0582.

**What if I plan to use mail service for a newly prescribed medication, but need my initial fill immediately?**

**Ask** your doctor for two prescriptions:

- 1) A 30-day prescription to be filled right away at any participating retail network pharmacy.
- 2) A 90-day prescription (with three refills or as appropriate) to be filled through CVS Caremark Mail Service Pharmacy.

Next, you will need to **decide** how you would like to get your 90-day prescription filled. You can take the written prescription to the retail pharmacy, mail the written prescription to the CVS Caremark Mail Service Pharmacy or you can have your doctor call, fax or electronically send the prescription to a local CVS/pharmacy of your choice. Your doctor may also call the New Prescription Request Service number toll-free at 1-800-378-5697 to get you started at mail service.

**What forms of payment are required for mail?**

All forms of payment, except cash, are accepted for mail service.