INFORMATION FOR TRUSTMARK MEMBERS

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Step THERAPY

What Is Step Therapy?

Depending on your benefit plan, you have the option to choose more cost-effective drugs over more expensive therapies. Step Therapy requires the use of a more cost-effective step-one drug before filling a prescription for a less cost-effective step-two drug.

Although step-one products are economical alternatives to step-two products, both represent effective treatments for your condition. After trying a step-one drug, you may be allowed to move to a more expensive step-two drug at a later date and have the drug covered by your benefit plan, if your particular medical condition requires it. Please refer to the chart listing drugs and guidelines that apply to Step Therapy.

What Happens at the Pharmacy?

1. The pharmacist enters your prescription information into the computer system. If Step Therapy applies to your prescription, the system will check your drug history. If you have already filled a prescription from the step-one list within the required time period (refer to list), your prescription will be filled.

   If you are at the retail pharmacy and you have **not** filled a prescription from the step-one list, you have three choices:
   a. The pharmacist can contact your physician to change to a step-one drug. The cost of the step-one drug is your prescription copay.
   b. You may select the step-two drug; however, a special copay applies: The difference in price between the average cost of the step-one drug and the step-two drug will be added to your regular copay. You will never pay more than the retail cost of the step-two drug.
   c. Ask your physician to obtain prior authorization (special approval) for the step-two drug. Please allow additional time for this process to occur. If prior authorization is granted, you will receive the step-two drug as prescribed for the cost of your traditional brand copay. If it is **not** granted, choice "a" or "b" described above will apply. Please refer to your Prior Authorization brochure for more details.

2. If your prescription was submitted to the home delivery pharmacy and if you have **not** met the requirements for a step-two drug, your prescription will not be filled. You will receive notification by mail.

Step Therapy differs by plan. Please refer to your benefit plan to see if Step Therapy applies to you.

Step Therapy Chart

The chart below lists drugs included in the Step Therapy program. This list undergoes periodic medical review by Caremark and Trustmark and is subject to change. Contact Caremark Member Services at **866-216-MARK (6275)** with any questions you may have about the drugs listed.

Drug Class by Condition	Requirements to Qualify for a Step-Two Drug	Step-One Drugs	Step-Two Drugs
Acne/Dermatological Drugs for Acne and Skin Conditions	You have already tried two different drugs from the step-one column; for a total of a 14-day supply; AND you received them within the last 180 days	Topical Antibiotics clindamycin erythromycin sulfacetamide/sulfur sulfacetamide tetracycline All Rx benzoyl peroxide products Oral Antibiotics tetracycline minocycline doxycycline Topical Corticosteroids fluocinonide betamethasone dipropionate desoximetasone halcinonide/ emollient amcinonide halcinonide fluocinolone desoximetasone fluandrenolide hydrocortisone valerate fluticasone hydrocortisone butyrate mometasone hydrocortisone buteprate clocortolone prednicarbate diflorasone clobetasol halobetasol betamethasone valerate triamcinolone betamethasone	Avita® Differin® Retin-A® Tazorac® Protopic®
COX-2 Inhibitors for Arthritis and Pain	You have already tried two different drugs from the step-one column; for a total of a 14-day supply; AND you received them within the last 180 days	Generic NSAIDS	Celebrex® Bextra®
Proton Pump Inhibitors	You have already tried one drug from the step-one column; it was for a 30-day supply; AND you received it within the last 120 days	nizatidine cimetidine famotidine ranitidine	AcipHex® Nexium® omeprazole Prevacid® Prilosec® Protonix® Zegerid™

The Step Therapy Programs are administered by Caremark.

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