

Quantity Limits

INFORMATION FOR TRUSTMARK LIFE MEMBERS



What Are Quantity Limits?

Quantity Limits is the name of a quality and cost-savings program promoting the safe and appropriate use of medications. The program ensures your prescription contains the approved amount of medication covered by your plan for a specific time period – usually a 30-day supply at a retail pharmacy or up to a 90-day supply through mail service. The amount approved for payment is based on information from the U.S. Food and Drug Administration, and other sources.

The limits affect only the amount of medication your benefit plan will pay for. The final decision regarding the amount of medication prescribed remains between you and your doctor.

What Happens at the Pharmacy?

1. The pharmacist enters your prescription information into the Caremark system. If the prescribed amount is more than what your plan allows, the pharmacist will receive an alert.
2. If you are at a retail pharmacy, the pharmacist will tell you how much of the prescription amount is covered by your benefit plan. Your prescription copay* applies to this share, as well as any applicable deductible and coinsurance. If you want the full quantity prescribed, you must pay the full retail price for the portion that exceeds the plan limit.
3. If your prescription is being filled through the mail service pharmacy and the prescribed amount is more than what your plan allows, the prescription you receive in the mail will contain the allowable amount.
4. If refills are prescribed, you must wait for the correct amount of time before reordering and receiving your refill: 30 days for retail orders and 90 days for mail service.

Quantity Limits differ by plan.

Please refer to your benefit plan to see if this program applies to you.

Managed Quantity Limits Effective January, 2008

Caremark and Trustmark Life conduct periodic medical reviews of this list, which is subject to change. Contact Caremark Customer Care toll-free at **1-866-216-MARK (6275)** with any questions you may have about the drugs listed.

Quantity Limits/ Drug Class	Drugs (All forms of the drugs listed below are included.)
Anti-Emetics	Aloxi injection, Anzemet, Cesamet, Emend, Kytril
Anti-Infective	Diflucan
Beta-2 Agonists	Albuterol, Ventolin HFA, Proventil HFA, Alupent, Foradil Aerolizer, Maxair, Proair HFA, Serevent Diskus, Xenopex
Corticosteroid & Beta-2 Agonist Combination Inhaler	Advair Diskus and HFA, Brovana, Symbicort
Influenza Treatment and Prevention	Relenza, Tamiflu
Inhaled Corticosteroids	Aerobid, Aerobid-M, Asmanex, Azmacort, Beclovent, Flovent, Flovent HFA, Pulmicort Turbuhaler, Respules, and Flexhaler, Qvar
Mast Cell Stabilizers and Anticholinergics	Atrovent, Combivent, Intal, Duoneb, Spiriva, Tilade
Migraine	Amerge, Axert, Frova, Imitrex, Imitrex NS, Maxalt, Maxalt MLT tablets, Migranal NS, Relpax, Zomig, Zomig ZMT, Zomig Nasal Spray
Nasal Inhalers	Astelina, Vancenase, Vancenase AQ, Beconase AQ, Flonase, Nasacort AQ, Nasarel, Nasonex, Rhinocort Aqua, Veramyst
Pain	Stadol NS, Toradol, Oxycontin
Sedative-Hypnotics	Ambien CR, Dalmane, Doral, flurazepam, Halcion, Lunesta, ProSom, Restoril, Rozerem, Sonata, temazepam, zolpidem
Seizures	Neurontin

The Quantity Limits and Prior Authorization Programs are administered by Caremark. Plan availability may vary by state.

*Copay, copayment or coinsurance means the amount a plan participant is required to pay for a prescription in accordance with a Plan, which may be a deductible, a percentage of the prescription price, a fixed amount or other charge, with the balance, if any, paid by a Plan.

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